

# Let Go of Perfectionism and Trust God

**Perfectionism ineffectively focuses on where I don't want to go rather than where I want to go.**

*Philippians 4:4,8 Rejoice in the Lord always. I will say it again: Rejoice!...Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.*

**Perfectionism focuses on me rather than on God.**

*Romans 3:21-24 But now apart from the law the righteousness of God has been made known, to which the Law and the Prophets testify. <sup>22</sup> This righteousness is given through faith in Jesus Christ to all who believe. There is no difference between Jew and Gentile, <sup>23</sup> for all have sinned and fall short of the glory of God, <sup>24</sup> and all are justified freely by his grace through the redemption that came by Christ Jesus.*

**Perfectionism falsely changes acceptance into something we earn rather than something we are given (grace)**

*Galatians 3:1-6 You foolish Galatians! Who has bewitched you? Before your very eyes Jesus Christ was clearly portrayed as crucified. <sup>2</sup> I would like to learn just one thing from you: Did you receive the Spirit by the works of the law, or by believing what you heard? <sup>3</sup> Are you so foolish? After beginning by means of the Spirit, are you now trying to finish by means of the flesh? <sup>4</sup> Have you experienced so much in vain—if it really was in vain? <sup>5</sup> So again I ask, does God give you his Spirit and work miracles among you by the works of the law, or by your believing what you heard? <sup>6</sup> So also Abraham “believed God, and it was credited to him as righteousness.”*

**Let your heart trust God and enjoy Him, and you will get much further.**

John 16:33 “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.” -Jesus Christ