

Healing Food

Psalm 104:27 All creatures look to you to give them their food at the proper time.

There are many dimensions of our life and Jesus brings healing to them all

Mark 2:1-12

1 Thessalonians 5:23 May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.

Matthew 22:36-37 "Teacher, which is the greatest commandment in the Law?" Jesus replied: " 'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment."

His love has the power to heal us on the inside

1 John 4:18 ... perfect love drives out fear. ...

Hebrews 13:9 Do not be carried away by all kinds of strange teachings. It is good for our hearts to be strengthened by grace, not by eating ceremonial foods, which is of no benefit to those who do so.

A hunger in our brokenness can drive us to God

Matthew 5:6 Blessed are those who hunger and thirst for righteousness, for they will be filled.

Psalm 107:9 for he satisfies the thirsty and fills the hungry with good things.

"It doesn't matter, really, how great the pressure is...it only matters where the pressure lies. See that it never comes between you and the Lord—then, the greater the pressure, the more it presses you to His breast." -Hudson Taylor's Spiritual Secret

God gives us our food, our sustenance, our life

Deuteronomy 8:1-18

May we be people who receive the nourishment we have been given by God:

-Nourish our hearts with the word of God in the Bible.

"I saw more clearly than ever, that the first great and primary business to which I ought to attend every day was, to have my soul happy in the Lord. The first thing to be concerned about was not, how much I might serve the Lord, how I might glorify the Lord; but how I might get my soul into a happy state, and how my inner man might be nourished. ...Now what is food for the inner man? Not prayer, but the Word of God; and here again, not the simple reading of the Word of God, so that it only passes through our minds, just as water passes through a pipe, but considering what we read, pondering it over and applying it to our hearts." -George Muller.

-Receive the love that is all around us.

-Intentionally exercise appreciation/gratitude/joy
in the memories of the past, gifts of today, the anticipation of the future

Psalm 81:10 I am the LORD your God, who brought you up out of Egypt. Open wide your mouth and I will fill it.