

Facing the Fear of Death with Faith

Jesus does not invite us into a life without suffering/death.

John 16:33 “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.

We can have peace in Jesus in the midst of our troubles. He has overcome the world. In Jesus we are given freedom from the fear of death

Hebrews 2:14-15 Since the children have flesh and blood, he too shared in their humanity so that by his death he might break the power of him who holds the power of death—that is, the devil—and free those who all their lives were held in slavery by their fear of death.

We have great worth in God’s sight. God cares for us. God sees our death. God cares for us in death. This is how Jesus says it:

Luke 12:4-7 “I tell you, my friends, do not be afraid of those who kill the body and after that can do no more. ⁵ But I will show you whom you should fear: Fear him who, after your body has been killed, has authority to throw you into hell. Yes, I tell you, fear him. ⁶ Are not five sparrows sold for two pennies? Yet not one of them is forgotten by God. ⁷ Indeed, the very hairs of your head are all numbered. Don’t be afraid; you are worth more than many sparrows.

If we shouldn’t fear death, how should we view it?

With a sober acknowledgement of reality (That comes from a bigger perspective).

Death is not the end, but it is a huge change.

With Compassion, sharing in the grief of those who have suffered loss.

With Hope and anticipation of better things ahead.

What would it take to face the fear of death and overcome it?

We need someone bigger than our fear.

Psalms 56:3-4 When I am afraid, I put my trust in you. In God, whose word I praise—in God I trust and am not afraid. What can mere mortals do to me?

What does faith in the living God who is bigger than the fear of death look like?

It is a faith that sees life through a bigger perspective.

It is a faith that finds in God a safe place:

It is a faith that finds joy in God in the midst of suffering.

It is a faith that brings a deep hope that God has good in the midst of suffering and death.

What am I afraid of or anxious about?

Sovereign God, what would you like me to know about those fears?
What would you have me draw to mind?

Thank you Jesus that I can trust you.