

THE HEART OF ANGER

HIGH CALLING DISCIPLESHIP 3

Today's main Scripture

Matthew 5:21-22 "You have heard that it was said to the people long ago, 'You shall not murder, and anyone who murders will be subject to judgment.' But I tell you that anyone who is angry with a brother or sister will be subject to judgment. Again, anyone who says to a brother or sister, 'Raca,' is answerable to the court. And anyone who says, 'You fool!' will be in danger of the fire of hell.

Today's main point. It might seem like the cause of anger is something outside of us, but really the cause of anger is inside of us. We are responsible for this anger and God judges it. We need to be careful not to say or do things from anger. But even more than just picking the fruit, we need to addressing the inner root of anger with compassion and honesty.

Words, Phrases, images, examples that stuck out to me.

Matthew 5:21-24 “You have heard that it was said to the people long ago, ‘You shall not murder, and anyone who murders will be subject to judgment.’ But I tell you that anyone who is angry with a brother or sister will be subject to judgment. Again, anyone who says to a brother or sister, ‘Raca,’ is answerable to the court. And anyone who says, ‘You fool!’ will be in danger of the fire of hell.

“Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift.”

Proverbs 22:24-25 Do not make friends with a hot-tempered person, do not associate with one easily angered, or you may learn their ways and get yourself ensnared.

James 1:20 human anger does not produce the righteousness that God desires.

Romans 12:19 Do not take revenge, my dear friends, but leave room for God’s wrath, for it is written: “It is mine to avenge; I will repay,” says the Lord.

Ephesians 4:26-27 “In your anger do not sin”: Do not let the sun go down while you are still angry, and do not give the devil a foothold.

Matthew 12:33-37 “Make a tree good and its fruit will be good, or make a tree bad and its fruit will be bad, for a tree is recognized by its fruit. You brood of vipers, how can you who are evil say anything good? For the mouth speaks what the heart is full of. A good man brings good things out of the good stored up in him, and an evil man brings evil things out of the evil stored up in him. But I tell you that everyone will have to give account on the day of judgment for every empty word they have spoken. For by your words you will be acquitted, and by your words you will be condemned.”

Psalms 103:8 The Lord is compassionate and gracious, slow to anger, abounding in love.

2 Corinthians 1:3-4 Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.