

THE INVITATION TO REST

HIGH CALLING DISCIPLESHIP 8

Today's main passage

Matthew 11:28-30 "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

Today's main point.

There is an open invitation from Jesus to come to Him and rest. It is an invitation to learn his humble ways, to be connected to Him, and to find rest for our souls.

Will we let go of what we cling to and join Him in His humble position?

Words, Phrases, images, examples that stuck out to me.

Additional Verses and Quotes:

John 6:37-38 All those the Father gives me will come to me, and whoever comes to me I will never drive away. For I have come down from heaven not to do my will but to do the will of him who sent me.

John 7:37 On the last day of the feast, the great day, Jesus stood up and cried out, "If anyone thirsts, let him come to me and drink.

Isaiah 55:1-3 "Come, all you who are thirsty, come to the waters; and you who have no money, come, buy and eat! Come, buy wine and milk without money and without cost. Why spend money on what is not bread, and your labor on what does not satisfy? Listen, listen to me, and eat what is good, and you will delight in the richest of fare. Give ear and come to me; listen, that you may live. I will make an everlasting covenant with you, my faithful love promised to David.

Revelation 22:17 The Spirit and the Bride say, "Come." And let the one who hears say, "Come." And let the one who is thirsty come; let the one who desires take the water of life without price.

Psalms 116:7 Return to your rest, my soul, for the LORD has been good to you.

Psalms 94:19 When my anxious thoughts multiply within me, Your comfort delights my soul.

John 16:33 "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

Jeremiah 6:16 This is what the Lord says: "Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls. ...

1 John 5:3 In fact, this is love for God: to keep his commands. And his commands are not burdensome,

Deuteronomy 10:12-13 "And now, Israel, what does the Lord your God require of you, but to fear the Lord your God, to walk in all his ways, to love him, to serve the Lord your God with all your heart and with all your soul, and to keep the commandments and statutes of the Lord, which I am commanding you today for your good?

John 15:10-14 If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete. My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one's life for one's friends. You are my friends if you do what I command.

Philippians 2:5-7 In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness.

John 4:34 "My food," said Jesus, "is to do the will of him who sent me and to finish his work.

Luke 22:42 "... yet not my will, but yours be done."

"You have made us for Yourself, O Lord, and our heart is restless until it rests in You." - Augustine