## Anchoring to God through the Storms of Life

Romans 12:12 Be joyful in hope, patient in affliction, faithful in prayer.

Be joyful in hope

Be patient in affliction

Be faithful in prayer

Let others help carry our burdens Galatians 6:2 Carry each other's burdens, and in this way you will fulfill the law of Christ.

Psalm 46:1-3 God is our refuge and strength, an everpresent help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging

May we learn to trust God in the storms